

Heather Farm Café Menu

AFTERNOON TEA

served from 2pm

HEATHER FARM AFTERNOON TEA ... serves 2 or more 32.95
2 pots of tea, freshly made finger sandwiches - ham & mustard & egg mayo & rocket, sausage roll, sultana scones with clotted cream & strawberry jam, rich chocolate brownies & 2 slices of our delicious cake 1981kcal

V CREAM TEA FOR ONE ... fresh sultana scone with clotted cream, strawberry jam & butter with a pot of English breakfast or Earl Grey tea 505kcal 6.95

HOT DRINKS

We have oat milk, almond milk & soya milk available on request

CAFÉ LATTE / ICED LATTE ... with frothed milk 156kcal, oat 160kcal, almond 88kcal, soya 113kcal 3.60

CAPPUCCINO ... freshly ground beans with hot milk 142kcal, oat 162kcal, almond 72kcal, soya 132kcal 3.60

FLAT WHITE ... milk 135kcal, oat 122kcal, almond 100kcal, soya 94kcal 3.50

CHAI LATTE ... milk 168kcal, oat 141kcal, almond 120kcal, soya 110kcal 3.60

AMERICANO / DECAF ... served in a mug 7kcal 2.95

ESPRESSO / DOUBLE ESPRESSO ... freshly brewed 6kcal / 11kcal 2.50/3.00

FLAVOURED LATTE / ICED LATTE ... vanilla 289kcal, caramel 106kcal, hazelnut 283kcal or sugar-free caramel 4.10

HOT CHOCOLATE / MOCHA ... 244kcal add whipped cream 30kcal 0.30, marshmallows 35kcal 0.30 both 65kcal 0.50 3.60

MUG OR POT OF TEA ... choose from English breakfast, green tea, peppermint, lemon & ginger, Earl Grey or fruit teas 0kcal 2.75/3.50

EXTRA SHOT / FLAVOURED SYRUP ... choice of syrups: vanilla 85kcal, hazelnut 78kcal or caramel 80kcal 0.60

CHILLED DRINKS

FRESHLY SQUEEZED ORANGE JUICE ... 82kcal 3.25

FROBISHERS FRUIT JUICES 250ML ... orange 21kcal, mango 130kcal, apple 21kcal or cranberry 105kcal 3.25

COKE / DIET COKE / SPRITE 330ML / ORANGINA 250ML ... 140kcal / 0kcal / 44kcal / 15kcal 2.95

LIPTON ICE TEA PEACH 330ML ... 82kcal 3.25

J2O 275ML ... orange & passionfruit 45kcal or apple & raspberry 44kcal 3.25

FENTIMANS 275ML ... gently sparkling elderflower 76kcal or ginger beer 105kcal 3.50

FIREFLY KIWI, LIME & MINT 330ML ... 134kcal 3.75

FIREFLY PEACH & GREEN TEA 330ML ... 117kcal 3.75

FIREFLY LEMON, LIME & GINGER 330ML ... 120kcal 3.75

MINERAL WATER 330ML ... still or sparkling 2.50

SIMPLY FRUITY ... blackcurrant 14kcal or orange 13kcal 2.25

CURIOUS BREW LAGER 4.7% 330ML 5.50

G FOOTSTEPS WHITE SAUVIGNON BLANC 12.5% 187ML 6.75

G FOOTSTEPS ROSÉ ZINFANDEL 10.5% 187ML 6.75

G DA LUCA PROSECCO 11% 200ML 8.95

A discretionary 10% service charge will be added to your bill, 100% of which goes to our hard working staff. Full allergen information is available on request. Our food is prepared in kitchens where all allergens may be present. Due to fryers & cookers being used for more than one product, there is a small possible contamination risk even if the ingredient is not present in the dish. If you have a food allergy please let us know before ordering. Where we offer items that are NGCI (Non Gluten Containing Ingredients) we cannot guarantee that they are entirely 'gluten-free'. Some ingredients may contain GM products.

Adults need around 2000kcal a day.

BREAKFAST & BRUNCH

Available All Day

FULLY LOADED BREAKFAST STACK ... Cumberland sausage ring, back bacon, egg mayo, tomato & lettuce in a seeded roll with 2 hash browns served with Virgin Mary ketchup 1112kcal 10.95

V SMASHED AVOCADO & FETA ON TOAST ... roasted cherry tomatoes & rocket with basil dressing, 734kcal 9.95
add smoked salmon 147kcal 3.95 add crispy bacon 86kcal 2.25

Available until 12 noon

THE FULL ENGLISH ... Cumberland sausage ring, mushroom, grilled tomato, back bacon, fried egg, hash brown, baked beans & toast 1004kcal 12.95

V THE FULL VEGGIE ... plant-based sausages, mushroom, grilled tomato, baked beans, hash browns, fried egg & toast 697kcal 12.50

VEGAN THE FULL VEGAN ... plant-based sausages, mushroom, grilled tomato, baked beans, hash browns & smashed avocado on sourdough toast 783kcal 12.50

THE FULL NGCI ENGLISH ... NGCI sausages, mushroom, grilled tomato, back bacon, fried egg, hash brown, baked beans & NGCI toast 858kcal 12.95

BREAKFAST EXTRAS ... black pudding 136kcal 2.25 / hash brown 90kcal 1.25 / bacon x2 86kcal 2.25 / smoked salmon 147kcal 3.95 / egg 121kcal 0.95 / extra mushroom 12kcal 1.75 / avocado 161kcal 2.50 / baked beans 57kcal 0.95 / Cumberland sausage ring 473 kcal 4.50

EGGS BENEDICT ... toasted English muffin, poached eggs, home-cooked thick-cut ham, Hollandaise 697kcal 10.95

EGGS ROYALE ... toasted English muffin, poached eggs, delicious smoked salmon, Hollandaise 630kcal 11.50

V EGGS FLORENTINE ... toasted English muffin, poached eggs, wilted spinach, Hollandaise 482kcal 10.50

SCRAMBLED EGGS & SMOKED SALMON ON TOAST ... 655kcal 9.95

BRIOCHE BREAKFAST BAP ... back bacon 451kcal or Cumberland sausage ring 794kcal or both 866kcal add an egg 121kcal for 0.95 4.95/5.95/6.75

VEGAN VEGAN SAUSAGE BAP ... plant-based sausage, vegan brioche-style bap 561kcal 4.95

OTHER TASTY THINGS

CHUNKY SAUSAGE ROLL ... with puff pastry, served hot or cold 625kcal 4.50

VEGAN VEGAN SAUSAGE ROLL ... vegan puff pastry, served hot or cold 386kcal 3.95

V GREEK-STYLE YOGHURT, GRANOLA & RED FRUIT ... topped with honey 433kcal 6.50

V RACK OF TOAST ... 343kcal served with butter 91kcal & your choice of preserves 3.95

V TOASTED TEACAKE ... served hot with butter 338kcal 3.50

PANCAKE STACK OR WAFFLES TOPPED WITH:

BACON & MAPLE-FLAVOURED SYRUP ... 529kcal / 957kcal 8.95

V FRESH RED BERRIES, GREEK YOGHURT & HONEY ... 474kcal / 907kcal 8.50

V MAPLE-FLAVOURED SYRUP ... 440 kcal / 823 kcal 7.95

V BANANA, MAPLE-FLAVOURED SYRUP & WHIPPED CREAM ... 542kcal / 975kcal 8.50
Add 2 Nutella sachets 162kcal 0.95

Adults need around 2000kcal a day.

PANINIS

our paninis are served with a salad garnish & a few fries

HAM & CHEESE MELT ... 969kcal	9.95
TUNA & CHEESE MELT ... 898kcal	9.95
PESTO CHICKEN, TOMATO & MOZZARELLA ... 967kcal	10.50
BRIE, BACON & CRANBERRY PANINI ... 859kcal	10.95
VEGAN ROASTED VEGETABLE, PESTO & MOZZARELLA* PANINI ... Veggie 986kcal/Vegan 824kcal served with vegan Applewood cheese	9.95

SANDWICHES / WRAPS

served with a salad garnish & a few fries

V CHEESE & PICKLE SANDWICH ... Cheddar cheese, on white bread 682kcal	7.95
V EGG MAYONNAISE SANDWICH ... on grainy bread, fresh rocket 661kcal	7.95
THE B.L.T. SANDWICH ... on grainy bread with classic bacon, lettuce & tomato filling - lashings of mayo 822kcal	8.95
SMOKED SALMON & CREAM CHEESE SANDWICH ... on grainy bread, fresh rocket 644kcal	8.95
VEGAN FALAFEL & HUMMUS WRAP ... lettuce, cucumber, red onion, Sriracha mayo 679kcal	8.95

JACKET POTATOES FILLED WITH:

our jackets are served with a salad garnish

TUNA MAYONNAISE ... 567kcal	8.95
V CHEDDAR CHEESE & BAKED BEANS ... 579kcal	8.95
CHILLI CON CARNE & SOUR CREAM ... 710kcal	9.95
VEGAN HUMMUS & ROASTED VEGETABLES, CHILLI FLAKES ... 634kcal	9.95

SUPER SOUPS

V CAULIFLOWER CHEESE SOUP ... creamy & delicious - topped with croutons & a sprinkling of Cheddar cheese, sourdough bread 676kcal	7.50
SOUP OF THE DAY ... served with sourdough bread 450-550kcal	7.50

EXTRAS

CHEESY CHIPS - PLAIN, CAJUN-SPICED OR SPICY	5.95/6.95/8.50
CHILLI BEEF ... choose from plain cheesy chips or spicy Cajun or spicy beef chilli topped with melted cheese, jalapeños & firecracker sauce 587/626/773kcal	
CRISPY CHICKEN GOUJONS (5/10/20) ... with BBQ dip	£5.95/£11.95/£19.95
	430/833/1582kcal or hot sauce 408/794/1577kcal
SKIN-ON FRIES ... 369kcal	3.95
ONION RINGS / SIDE SALAD ... 256kcal / 174kcal	3.75

FOR YOUR POOCH

SAUSAGE FOR THE DOG (NGCI)	1.95
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BURGERS

BACON & CHEESE BURGER ... smoked streaky bacon, melting Cheddar cheese, burger sauce, 'slaw & skin-on fries 1045kcal	13.95
MEXICAN HOT BURGER ... cheese, jalapeños & firecracker sauce, tomato, lettuce, red onion & gherkin, burger sauce, 'slaw & skin-on fries 1056kcal	13.95
CHICKEN, BACON & CHEESE BURGER ... smoked streaky bacon, melting Cheddar cheese, burger sauce, 'slaw & skin-on fries 1082kcal	14.95
VEGAN THE PLANT-BASED BURGER ... topped with vegan Applewood cheese, mushrooms & fried onions, burger sauce, vegan coleslaw & skin-on fries 1106kcal	13.95

CHEF'S FAVOURITES

WHOLETAIL BREADED SCAMPI ... with skin-on fries, peas & homemade tartare sauce 760kcal	13.50
GRILLED CHICKEN CAESAR SALAD ... with croutons, parmesan & anchovies 645kcal	13.95
HAM & CHEESE OMELETTE ... served with a mixed salad garnish 644kcal add hash browns 90kcal, 1.25 each or add fries 369kcal, 3.95	10.95
V MUSHROOM, CHEESE & SPINACH OMELETTE ... served with a mixed salad garnish 575kcal add hash browns 90kcal, 1.25 each or add fries 369kcal, 3.95	10.95
GIANT YORKSHIRE PUDDING ... homemade Yorkie filled with a Cumberland sausage ring, mash, gravy, broccoli & carrots, crispy onions 1009kcal	12.95
HAM, EGG & CHIPS ... home-cooked honey-glazed ham, skin-on fries, 2 eggs 817kcal	10.95
GOATS CHEESE SALAD ... with honey, walnuts & roasted Mediterranean vegetables, NGCI croûte 675kcal	13.95
CHILLI CON CARNE ... with basmati rice, tortilla chips, topped with sour cream, homemade guacamole, coriander & diced tomato 732kcal	12.95
V SMASHED AVOCADO & FETA ON TOAST ... with roasted cherry tomatoes & rocket, basil dressing, 734kcal add smoked salmon 147kcal 3.95 add crispy bacon 86kcal 2.25	9.95

MILKSHAKES

COOKIES 'N' CREAM MILKSHAKE ... a delicious blend of cookie, ice cold milk & choccy ice cream, topped with whipped cream & cookie crumb 568kcal	4.95
STRAWBERRY SHORTBREAD MILKSHAKE ... fresh strawberries, strawberry ice cream blended with crumbly shortbread, topped with whipped cream 489kcal	4.95
BISCOFF MILKSHAKE ... Biscoff sauce blended with vanilla ice cream & ice cold milk topped with whipped cream & a Biscoff biscuit 583kcal	4.95
VEGAN VANILLA CARAMEL MILKSHAKE ... vegan vanilla ice cream blended with soya milk, topped with vegan whipped cream & caramel 510kcal	4.95

SMOOTHIES

cool & refreshing

VEGAN MANGO MISSION ... mango all the way! 124kcal	4.75
VEGAN VERY BERRY ... strawberries, raspberries & blackberries 220kcal	4.75