

DRINKS MENU

HOT DRINKS

CAPPUCCINO

with frothed milk 143kcal, oat 156kcal, almond 70kcal, soya 128kcal 4.10

FLAVOURED LATTE / ICED LATTE

vanilla 324kcal, caramel 318kcal, hazelnut 318kcal or sugar-free caramel 235kcal 4.75

FLAT WHITE

milk 93kcal, oat 94kcal, almond 48kcal, soya 85kcal 3.90

AMERICANO / DECAF

served in a mug 7kcal 3.50

ESPRESSO / DOUBLE ESPRESSO

freshly brewed 6kcal / 11kcal 3.0 / 3.50

EXTRA SHOT

6kcal 0.80

CAFÉ LATTE / ICED LATTE

with hot/chilled milk 230kcal, oat 227kcal, almond 85kcal, soya 109kcal 4.10

CHAI LATTE

milk 258kcal, oat 309kcal, almond 164kcal, soya 234kcal 4.40

HOT CHOCOLATE / MOCHA

244kcal 4.25
+ add whipped cream 30kcal 0.35, marshmallows 35kcal 0.35, both 0.65

MUG / POT OF TEA

choose from English breakfast, green tea, peppermint, lemon & ginger, Earl Grey or fruit teas 0kcal 3.05 / 3.75

FLAVOURED SYRUPS

your choice of syrups: vanilla 85kcal, hazelnut 78kcal, caramel 80kcal, sugar-free caramel 6kcal 0.65

FROBISHERS FRUIT JUICES

250ml orange 21kcal, mango 125kcal, apple 21kcal or cranberry 105kcal 3.65

SPRITE

330ml 44kcal 3.25

APPLETISER

275ml 121kcal 3.25

FENTIMANS

275ml gently sparkling elderflower 76kcal or ginger beer 105kcal 3.95

J2O

275ml orange & passionfruit 53kcal or apple & raspberry 44kcal 3.65

MINERAL WATER

330ml still or sparkling 0kcal 2.95

CHILLED DRINKS

FRESH ORANGE JUICE

200ml 74kcal 3.65

COKE / DIET COKE

330ml 140kcal / 0kcal 3.25

ORANGINA

250ml 15kcal 3.25

LIPTON PEACH ICE TEA

330ml 82kcal 3.65

GET MORE MULTIVITS

sugar free sparkling lemon & lime 500ml 5kcal 3.95

PERFECTED 250ML

Matcha Latte Vanilla 140kcal 5.95

SIMPLY FRUITY

330ml blackcurrant 15kcal or orange 13kcal 2.75

SMOOTHIES & 'SHAKES

COOKIES 'N' CREAM MILKSHAKE

a delicious blend of cookie, ice cold milk & choccy ice cream, topped with whipped cream & cookie crumb 570kcal 5.95

STRAWBERRY SHORTBREAD MILKSHAKE

fresh strawberries, strawberry ice cream blended with crumbly shortbread, topped with whipped cream 426kcal 5.95

BISCOFF MILKSHAKE

Biscoff sauce blended with vanilla ice cream & ice cold milk topped with whipped cream & a Biscoff biscuit 582kcal 5.95

VEGAN VANILLA CARAMEL MILKSHAKE

vegan vanilla ice cream blended with soya milk, topped with vegan whipped cream & caramel 507kcal 5.95

VEGAN VERY BERRY SMOOTHIE

strawberries, raspberries & blackberries 221kcal 5.75

VEGAN MANGO MISSION SMOOTHIE

mango all the way! 235kcal 5.75

VEGAN DETOX ZING

banana, blueberries, courgette, ginger, blitzed with apple juice 161kcal 5.95

WINES & LAGERS

DA LUCA PROSECCO

11% 200ml 8.95

CURIOUS BREW LAGER

4.7% 330ml 5.95

PERONI GLUTEN-FREE LAGER

5.1% 330ml pure quality, great taste, no gluten 5.50

HEINEKEN ALCOHOL-FREE

0% 330ml one of the best non-alcoholic lagers around with only 69kcal 4.95

COPPER CREW 'FIANO' WHITE WINE

187ml fruity organic wine with apple & tropical lychee flavour 6.95

COPPER CREW 'ROSATO' ROSÉ WINE

187ml a fruit-forward organic wine with a floral nose 6.95

COPPER CREW 'NEGROAMARO' RED WINE

187ml rich, ruby-red organic wine 6.95

Alcoholic beverages for over 18s only. Please drink responsibly.

Adults need around 2000kcal a day.

HEATHER FARM CAFÉ MENU

Available until 12 noon BREAKFAST

VEGAN THE FULL VEGGIE

plant-based sausages, mushroom, grilled tomato, baked beans, hash browns, fried egg & toast 644kcal 14.50

VEGAN THE FULL VEGAN

plant-based sausages, mushroom, grilled tomato, baked beans, hash browns & smashed avocado on sourdough toast 724kcal 14.50

BREAKFAST EXTRAS

black pudding 151kcal 2.75 / hash brown 89kcal 1.40 / bacon x2 89kcal 2.75 / smoked salmon 147kcal 4.95 / fried egg 119kcal 1.10 / mushrooms 6kcal 2.00 / avocado 133kcal 2.95 / baked beans 60kcal 1.10 / Cumberland sausage ring 467kcal 5.25 / NGCI sausage 277kcal 2.50 / plant-based sausage 98kcal 2.75

EGGS BENEDICT

toasted English muffin, poached eggs, home-cooked thick-cut ham, Hollandaise 718kcal 12.50

VEGAN EGGS FLORENTINE

toasted English muffin, poached eggs, wilted spinach, Hollandaise 485kcal 12.50

THE FULL ENGLISH

Cumberland sausage ring, mushroom, grilled tomato, bacon, fried egg, hash brown, baked beans & toast 961kcal 14.50

THE FULL NGCI ENGLISH

NGCI sausages, mushroom, grilled tomato, bacon, fried egg, hash brown, baked beans & NGCI toast 1102kcal 14.50

EGGS ROYALE

toasted English muffin, poached eggs, delicious smoked salmon, Hollandaise 595kcal 13.25

SCRAMBLED EGGS & SMOKED SALMON

served on on toasted bread 656kcal 11.95

ALL DAY BRUNCH

VEGAN SMASHED AVOCADO & FETA

on toasted sourdough with roasted cherry tomatoes, rocket & basil dressing, 626kcal 11.95

+ add smoked salmon 147kcal 4.95 add bacon 89kcal 2.75

BRIOCHE BREAKFAST BAP

bacon 486kcal 5.95 or Cumberland sausage ring 803kcal 6.50 or both 865kcal 7.95 + add an egg 119kcal for 1.10

VEGAN PLANT-BASED SAUSAGE BAP

on vegan brioche-style bap 482kcal 5.95

LOADED HASH BROWNS (3)

bacon & egg, cheese sauce, Virgin Mary ketchup, tomato salsa 518kcal 12.50 or

VEGAN feta & avocado, Sriracha mayo, Virgin Mary ketchup, tomato salsa 641kcal 12.50

OTHER TASTY THINGS

CHUNKY SAUSAGE ROLL

with puff pastry, served hot or cold 557kcal 5.95

VEGAN VEGAN SAUSAGE ROLL

vegan puff pastry, served hot or cold 381kcal 4.50

VEGAN GRANOLA & GREEK-STYLE YOGHURT

with berries & honey 378kcal 6.75

VEGAN TOASTED TEACAKE

served hot with butter 338kcal 4.25 + jam/marmalade 0.75

VEGAN RACK OF TOAST

473kcal served with butter 91kcal & your choice of preserves 4.25

PANCAKE STACK OR WAFFLES TOPPED WITH YOUR CHOICE OF...

BACON & MAPLE-FLAVOURED SYRUP

517kcal / 957kcal 10.50

VEGAN FRESH BERRIES, GREEK YOGHURT & HONEY

446kcal/902kcal 9.95



PAWSOME TREATS FOR POOCHES

JUDE'S DOGGIE ICE CREAM
strawberry, apple & banana ice cream for pooches - totally *pawsome!* 3.95

PUPPUCCINO
whipped cream dog treat 1.50

ORGANIC CHEWS THE CANINE MENU
venison, rabbit, or boar 2.95

SAUSAGE FOR THE DOG (NGCI) 2.50



Adults need around 2000kcal a day.

HEATHER FARM CAFÉ

SANDWICHES

all sandwiches & wraps are served with a salad garnish & a few fries

V CHEESE & PICKLE SANDWICH
Cheddar cheese, on white bread 741kcal 8.50

V EGG MAYONNAISE SANDWICH
on grainy bread, fresh rocket 619kcal 8.50

THE B.L.T. SANDWICH
on grainy bread with classic bacon, lettuce & tomato filling - lashings of mayo 741kcal 9.95

SMOKED SALMON & CREAM CHEESE SANDWICH
on grainy bread, fresh rocket 561kcal 9.95

VEGAN FALAFEL & HUMMUS WRAP
lettuce, cucumber, red onion, Sriracha mayo 657kcal 9.95

JACKETS

jacket potatoes all served with a salad garnish

TUNA MAYONNAISE
506kcal 9.95

V CHEDDAR CHEESE & BAKED BEANS
596kcal 9.95
Vegan option available 585kcal 9.95
+add plant-based sausage 98kcal 2.75

VEGAN HUMMUS & ROASTED VEGGIES
chilli flakes 573kcal 9.95

SIDES

enjoy these tasty bites as snacks or sides!

V CHEESY CHIPS
topped with cheese sauce, melted Cheddar & mozzarella 638kcal 6.50

VEGAN SKIN-ON FRIES
365kcal 4.50

VEGAN SIDE SALAD
118kcal 3.95

PANINIS

all paninis are served with a salad garnish & a few fries

HAM & CHEESE MELT
994kcal 10.50

PESTO CHICKEN, TOMATO & MOZZARELLA
970kcal 10.95

TUNA & CHEESE MELT
880kcal 10.50

BRIE, BACON & CRANBERRY
886kcal 11.50

VEGAN ROASTED VEGETABLE, PESTO & MOZZARELLA
1011kcal / or served with vegan cheese 799kcal 10.50

SOUPS

V PEA & MINT SOUP
served with sourdough bread 345kcal 7.75

V why not upgrade your sourdough to a cheese toastie? 322kcal +3.25

SOUP OF THE DAY
served with sourdough bread 450-550kcal 7.75

V SPICY CAJUN CHEESY CHIPS
topped with cheese sauce, melted Cheddar & mozzarella, Firecracker sauce & jalapeños 677kcal 7.50

CRISPY CHICKEN GOUJONS (5/10/20)
with BBQ dip 440/847/1596kcal 6.50/12.95/19.95

LUNCHTIME MENU served from 12 noon, daily

BURGERS

BACON DOUBLE CHEESE
double stacked burgers, bacon, melting Cheddar & cheese sauce, burger sauce, tomato, lettuce, red onion & gherkin, coleslaw & skin-on fries 1051kcal 15.95

MEXICAN HOT
double stacked burgers, melting Cheddar, jalapeños & firecracker sauce, tomato, lettuce, red onion & gherkin, burger sauce, coleslaw & skin-on fries 997kcal 15.50

CHICKEN, BACON & CHEESE
melting Cheddar cheese, burger sauce, coleslaw & skin-on fries 1040kcal 15.95

VEGAN THE VEGGIE
topped with melting Cheddar, mushrooms & crispy onions, vegan coleslaw & skin-on fries 1069kcal, vegan option available 1059kcal 15.50

CHEF'S FAVOURITES

GRILLED CHICKEN CAESAR SALAD
with Caesar dressing, croutons, parmesan & anchovies 642kcal 15.50
+add fries 365kcal 4.50

HAM & CHEESE OMELETTE
served with a mixed salad 626kcal 11.95
+ add hash brown 89kcal 1.40 or add fries 365kcal 4.50

SAUSAGE, EGGS & CHIPS
Cumberland sausage ring, 2 eggs & skin-on fries 1147kcal 11.95
V vegetarian option available 707kcal 10.95

HAM, EGG & CHIPS
home-cooked honey-glazed ham, skin-on fries, 2 eggs 741kcal 11.95

V BAKED MAC & CHEESE
served with mixed salad 764kcal 12.50
+ add bacon x2 89kcal 2.75

WHOLETAIL BREADED SCAMPI
with skin-on fries, peas & tartare sauce 719kcal 14.50

V MUSHROOM, CHEESE & SPINACH OMELETTE
served with a mixed salad 540kcal 11.95
+ add hash brown 89kcal 1.40 or add fries 365kcal 4.50

V GOATS CHEESE SALAD
with honey, walnuts & roasted Mediterranean vegetables, NGCI croûte 708kcal 15.50

V SMASHED AVOCADO & FETA
on toasted sourdough with roasted cherry tomatoes, rocket & basil dressing 626kcal 11.95
+ add smoked salmon 147kcal 4.95 add bacon 89kcal 2.75 add plant-based sausage 98kcal 2.75

Private Hire

The Barn at Heather Farm Café

Looking for a space to host a get-together? With scenic wetland surroundings, our covered, heated decking area is the ideal space for hosting up to 80 guests.

Speak to a manager about weekday hire - great for group Afternoon Teas or celebrations!

Hire charge & minimum spend apply.

A discretionary 10% service charge will be added to your bill, 100% of which goes to our hard working staff. Full allergen information is available on request. Our food is prepared in kitchens where all allergens may be present. Due to fryers & cookers being used for more than one product, there is a small possible contamination risk even if the ingredient is not present in the dish. If you have a food allergy please let us know before ordering. Where we offer items that are NGCI (Non Gluten Containing Ingredients) we cannot guarantee that they are entirely 'gluten-free'. Some ingredients may contain GM products. Adults need around 2000kcal a day

SERVED DAILY FROM 2PM

V CREAM TEA FOR ONE
fresh sultana scone with clotted cream, strawberry jam & butter with a pot of English breakfast or Earl Grey tea 706kcal 7.95

HEATHER FARM AFTERNOON TEA (FOR 2)
a delicious afternoon treat for two or more to enjoy with 2 pots of tea, freshly made finger sandwiches - ham & mustard & egg mayo & rocket, sausage roll, sultana scones with clotted cream & strawberry jam, rich chocolate brownies & 2 slices of our delicious cake 35.95



+ADD A GLASS OF FIZZ FOR 8.95pp (200ml BOTTLE)

approx. 1420-2200kcal per person (with 2-3 sharing)
veggie & vegan options available

OR ASK OUR TEAM ABOUT PRE-ORDERING
YOUR TAKEAWAY AFTERNOON TEA!

Adults need around 2000kcal a day.

